



## Mercyhealth Stay Healthy benefit

**MercyCare reimburses members who participate in fitness and wellness programs**

Recognizing the fact that taking better care of yourself now ensures fewer problems in the years to come, MercyCare offers the Stay Healthy Benefit program to our members who are 18 and older. This program gives our members the opportunity to be reimbursed for qualified expenses resulting from the participation in a fitness and/or wellness program. Examples of qualified expenses include: adult physical fitness, Mercy Acceleration Program, wellness and lifestyle programs such as smoking cessation or weight loss and health club memberships.

This form must be completed and submitted to MercyCare, along with a receipt of payment, cancelled check or bank draft, showing the amounts charged and the amount(s) paid. If bank drafts are used, please submit the number of drafts necessary to equal the reimbursement level total. Program applications, contracts or brochures are not acceptable proof payment for this benefit. Please ensure this form is completed in its entirety to ensure prompt processing and reimbursement of the claim.

Call MercyCare's customer service department at 800.895.2421 with any questions regarding this form or the Stay Healthy Benefit program.



### Stay healthy reimbursement form

Complete the following:  
Member name:

Group ID#:

Member ID#:

Choose one:

- Fitness Center (STAY)
- Weight Loss Program (STAW)
- Exercise Classes (STAE)
- Massage (STAM)
- Mercy Acceleration (STMA)
- Other (STAO)

Program name/title:

Program/class participation dates:

Return to MercyCare Health Plans  
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