

Substance Abuse Screening Tool

CAGE ASSESSMENT

C Have you ever tried to **C**ut back on your use?

A Have you ever been **A**nnoyed/**A**ngered when questioned about your use?

G Have you ever felt **G**uilt about your use?

E Have you ever had an **E**ye-opener to get started in the morning?

The Cage Assessment is a quick questionnaire to help determine if an alcohol assessment is needed. If you answer yes to two or more of these questions, then an assessment is advised.