How healthy is your workplace?

Worksite Wellness Programs

MercyCare is here to help by offering the following services:

Health Risk Assessments (HRA)
- Web-based health risk assessments are available for all members.
- Company receives aggregate health and productivity reports if 25 or more employees complete the HRA. (upon request)

Health screenings
- Annual screenings for blood pressure, cholesterol and diabetes are offered at your worksite.
- Individual counseling on healthy lifestyles and results.
- Bilingual materials available.

Health screening follow-up
- Members with abnormal results receive a follow-up by phone and/or letter.
- Referral to our programs (diabetes, high blood pressure, high cholesterol, chronic kidney disease and asthma) helps members manage their disease.

Smoking cessation programs
- Onsite smoking cessation programs (minimum six participants). Members are eligible to have this cost reimbursed under their Stay Healthy benefit.

Influenza vaccination clinics
(subject to availability of vaccine)
- Provided onsite.

Speakers Bureau
- We can arrange speakers and other employee health promotion programs.

For more information about these services, please contact Mary or Josh.

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